



Safe Cycling

By Gemma Long

Yesterday was sunny. Ken and Sam went cycling on the cycling track. They were very excited about it.

First, Sam put on his helmet because he thought the helmet could protect his head. Sam asked, 'Ken, Why don't you put on the helmet?' Ken said, 'It is because I feel uncomfortable and I also forget to bring my helmet.'

Then the boys started cycling. Suddenly, they saw a big dog was chasing a small cat. Then they stopped their bikes immediately but it was too late. Ken and Sam fell down from their bikes.

Sam was fine but Ken got hit by a stone. Ken hurt his head and it was painful. The boys were shocked because they didn't know how to do then. Luckily, a man passed by. He took them to the hospital. Ken and Sam felt upset.

In the hospital, Ken's dad said, 'You should put on your helmet next time.' Ken was ashamed of himself and he thought he would never go cycling again.